

Do the Two Step

New Programs Funded
Gala Celebrates 25 Years
Good Health = Hope
Leslie Secrest, MD, TMAF President

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Good Health = Hope

Leslie H. Secrest, MD, President, TMA Foundation

A. Slevet, M.D

As I presided over the TMA Foundation's presentation at the TMA Winter Conference, I was struck by a common thread in the work of our Champion of Health winners, who you can read about below. The hundreds of Texans who benefit from these clinics not only receive treatment for life-threatening conditions, but also they receive hope...hope for better health and an improved quality of life.

This thread of hope is woven into many of the programs that TMAF makes possible thanks to your support of the foundation. Whether you contribute financial support or volunteer to carry out a program such as TMA's Be Wise — ImmunizeSM, please know that your support gives hope to the child, the family or the older individual who is reached by a program you make possible.

Physicians Inspire New Programs

Texans who suffer from Parkinson's, minors who are victims of sex-trafficking and youth at risk for certain cancers will be helped by new initiatives recently supported by TMA Foundation grants. These and other new initiatives are among the more than \$572,000 in recently approved TMAF grants.

Donors Recognized for Healthy Vision

Generous donors whose cumulative donations earned them TMAF Major Donor status in 2017 were recognized by their peers at the recent TMA Winter Conference in Austin. Major Donor levels range from the entry level of \$10,000 to the top level of \$1 million or more in contributions.

Fourteen new and 13 upgraded Major Donors were saluted for years of support that enables TMA to reach more Texans with its award-winning health improvement, science and quality of care initiatives.

TMAF Award Offers Hope and Healing

TMAF's highest recognition, its John P. McGovern Champion of Health Award, recently honored two exceptional projects, each anchored by TMA members, that provide compassionate and no-cost care to low-income and uninsured individuals.

Heal the City Free Clinic, an urgent care facility in Amarillo, received a \$5,000 award. The \$2,500 award went to the Kind Clinic of Austin for its "Pill that Prevents HIV" program, an HIV pre-exposure prophylaxis initiative.

Join the Celebration, Now!



TMA Foundation's 25th Anniversary gala likely will be sold out soon. Plan on a fun and relaxing time with friends and colleagues by securing your ticket or table now at www.texmed.org/gala. The fundraising event is May 18 at the

JW Marriott San Antonio Hill Country Resort & Spa during TMA's annual meeting. Purchase before May 1 to avoid an increase in ticket prices! Purchase online or at (800) 880-1300, ext. 1466, or (512) 370-1466.

Thanks to Donors

We greatly appreciate all individuals and institutions who have contributed to TMAF since the fall 2017 newsletter. See our Donor Thank You on the TMAF *SOLUTIONS* web page. Special thanks go to our 2018 *SOLUTIONS* underwriters, Frost and TMA Insurance Trust.

Medical Students Do the CPR Two Step

If you need CPR, there are now 4,190 more persons trained to help you. That's how many Texans learned how to save a life with two simple steps through the recent National Texas Two Step CPR event, supported in part by TMA with a grant from TMA Foundation. This annual event, developed in 2015 by Texas medical students, teaches the benefits of compressions-only/hands-only CPR. In 2018, the program expanded from Texas to six additional states, training a total of 7,892 people at 60 sites.